

PEDAL

- Personal
- Enhancement
- Development
- And
- Learning

Here at the Meath, Rosie and I partake in a session called PEDAL. This is held on a Tuesday afternoon at 1PM-3PM by an activities co-ordinator, Alice.

During this session we complete different modules, for example we help out with fundraising days, help plan and run campaigns, even this PowerPoint is one of them! At the end of the year me and Rosie will hopefully be awarded with a certificate of achievement for doing all these different projects!

So sit back, relax and we hope you enjoy!

The Meath

Presented By Rosie Waite & Elanor Sinden



What this PowerPoint is about...

- Summary of our home
- All about Residential and Supported Living
 - The ins and outs of our Skills Centre
 - The Meath café
 - Changing Perceptions and Arthouse
 - Fundraising days

About The Meath

The Meath is a residential home for people with epilepsy and associated disabilities. The Meath is made up from our beautiful Grade II listed manor house, with our high-needs facility Bradbury House and the Skills Centre. We also have clients that live in the community with the help of supported living. The Meath has also opened two retail enterprises, Changing Perceptions and the Arthouse. Our home is only a few minutes from the local town of Godalming this makes popping to the shops and cafes very easy.

This is the Pepperpot, its located our closest town Godalming!



Residential and Supported Living

The Meath offers Residential and supported living.

There are 8 units spread over 4 main buildings, each unit has its own senior manager and staff team that support a variety of disabilities. Everyone works together to maintain a happy and caring environment. Residents at the Meath all have individual rooms that they personalise with their own taste.

We also have 2 houses where clients live out in the community, there are 6 external residents that live within walking distance of the main house. Support is given by staff to help the clients lead for filled and independent lives.



Here are a couple of pictures of some of the unit's around the Meath.

As I'm sure you have seen before...This is our high needs facility, Bradbury house!

And this is Little Meath!





These are our Supported living houses!

We have the Croft Road house



And this is Summer house road's bungalow!

The Skills Centre

The Meath has a day service building called the Skills Centre. Here we have a team of people that run a variety of activities to educate, entertain and enrich our clients. Our sessions range anywhere from academic lessons, coordinating a choir and doing offsite activities. The Skills Centre has 5 main rooms for activities.

Oglethorpe: We have just had a new kitchen put in this room and enjoy using it for our cooking sessions.

Gym: The clients have gym sessions and are able to use the equipment freely as well as having 1:1 support.

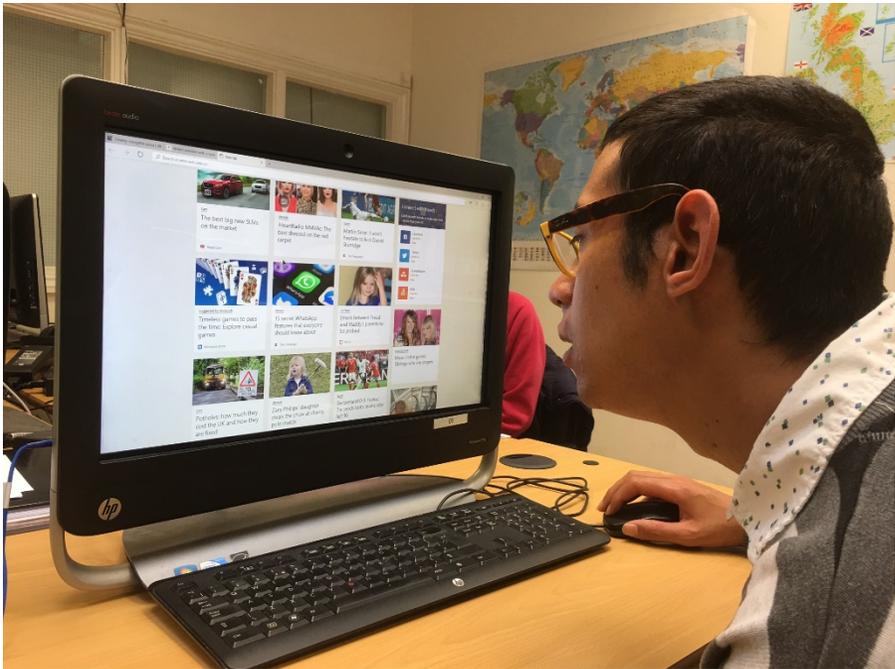
Touchscreen: This is the interactive computer room.

Backstage: All the arts and crafts happen here, as well as performing arts.

Pottery: This is where we made all of our lovely pottery items.

We also have a reception area that is very happy and lively located in the middle of the building.

These are some of our main rooms and reception area!



The café

Here at the Meath, we have a Café. This is a very popular place come 12 o'clock! The staff and clients meet and have lunch together. The team at the café make homemade meals, with healthy food and love.

People are welcome to use the café during the day, seeming as its open between 10am and 4pm...so we have plenty of time to drop in for a cuppa and a hand-made piece of cake!



Here are a couple pictures of our café!

Changing perceptions and The Arthouse

The Meath has opened 2 retail enterprises in Godalming town, they are called Changing Perceptions and The Arthouse

Changing Perceptions is a little café and furniture upcycling workshop. The clients go down to CP to help create the variety of items they sell. A few of The Meath clients work in the café.

Arthouse is a retail enterprise that hold sessions with artists that help the service users create drawings and paintings. The pieces of art that they make get printed on items such as, mugs, wrapping paper and t-shirts. The arthouse has worked closely with Lush and Fatface, showcasing some of our work.



These are our social enterprises, Changing Perceptions and The Arthouse



Fundraising Days

The Meath have a fundraising team, they coordinate lots of events to help raise money and awareness for our charity. As we said earlier we help the fundraising team out, together we started:

Meath Matters: this is a newsletter that goes round the Meath, to external clients and to our families to keep them updated! Elanor and I are ambassadors for the newsletter so we help collect the information to go in them and then we help distribute them!



Fundraising Days

The Purple day: This is a campaign to raise awareness for epilepsy, we are turning The Meath purple on the 26th March!



Lloyds Bank fundraising day: We are going to Lloyds bank in Godalming at the end of May to do a fundraiser day for Epilepsy awareness week!



We hope you've enjoyed
our power point
presentation on the
Meath!