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Driving Ambition at Meath Annual Golf Day

The Meath Charity Golf Day 2018 at Cowdray Park was a great success with 22 teams and 10 teams on the waiting list! The sun shone at Cowdray Park Golf Club with just a hint of a breeze. With a superb venue and glorious weather and company our teams enjoyed a magnificent day of golf. The icing on the cake is that the day raised **over £12,500** for The Meath.

Please read on for the results (continued on page 7).



We are so grateful to all the sponsors of the holes, donors of auction prizes both live and silent and the volunteers Nick and Alexander Potts who co-ordinated the competitions on the course, We would also like to publicly thank Noel Thompson Toastmaster and Auctioneer, Ian at ICL Media

both gave their services pro bono. We are grateful to Trustees Tony Robin for his support and Malcolm Ring for speaking so eloquently about the Meath. Thank you to both the new and loyal supporters of The Meath Golf Day who made it such a pleasurable and successful day.

We are already looking forward to the 2019 Golf Day!



A Letter from Lindsay

Dear Reader

Welcome to our July Edition of Meath Matters. This month we've been busy making hay while the sun shines! Residents have enjoyed some glorious summer outings to local attractions, the seaside and have also enjoyed outdoor games and alfresco meals in the Meath grounds.

Our summer maintenance works are underway and we're pleased to see many areas of the Meath getting a spruce up, thanks to some local companies who have kindly held their CSR days with us. We have also hosted some fantastic summer events. This month we welcomed supporters to another successful annual Golf Day at Cowdray Park and were delighted to see so many friends and family members of residents at our Friends & Family summer BBQ day at the Meath. This issue shines a 'Spot Light On' our operational teams who tirelessly provide on-going maintenance work around our busy 10 acre site and cater for our residents, day clients, staff, volunteers, family and friends at Café Meath and customers at Changing Perceptions.

I hope that you enjoy reading more about all that we've been up to this month and that you're able to do so in a sunny spot, with your feet up and long cool drink in hand.

With best wishes for a wonderful summer break.

Lindsay

CEO, The Meath Epilepsy Charity



We've Got Skills!

A Trip to Chilworth Manor Gardens

John, Georgina, Alex, Helen and Philippa enjoyed a recent visit to Chilworth Manor which was kindly co-ordinated by Alex White from Vann Gardens. We met Alex at Chilworth Manor on arrival and were also greeted by Torsten and Tuvu, children of the lady of the house and their 3 labradoodle dogs, Winston, Albie and Nelson. The dogs were an **instant hit** with the residents! Torsten gave a **tour** of the gardens and explained about the different plants and areas of the garden. After the group had toured the gardens they enjoyed a cup of tea and a piece of **cake** outside on the patio which was kindly brought out to us by Tuvu. Torsten and Tuvu took great pleasure in **chatting** to the group who were made to feel most **welcome**. We are so grateful to have had the chance to be shown around the beautiful gardens and we are delighted to have had a kind invitation for a **return visit**! All the residents said they had a lovely time and they all thanked Torsten, Tuvu and Alex as they left.



Backstage Take Centre Stage!



'Backstage' proudly took part in national **70th Birthday** celebrations for our **NHS** by performing with '**Whole Notes**' Community Choir at an NHS 70th Anniversary Concert at **G Live**, Guildford. Watching in the audience were **proud** friends and family and many other members of the wider **community** including Cllr Peter Martin, Chair of Surrey County Council, who **kindly funded** a term of singing

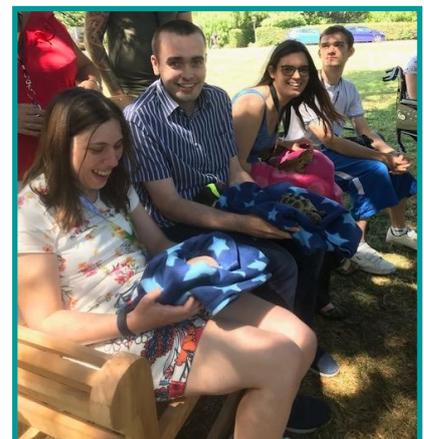
classes at the Meath. How wonderful that he was able to see the results of his kind support as the choir sang confidently to a packed auditorium at this celebratory community concert.

Surfing Safari!

Residents tucked into a hearty brunch at a café in Liss, en-route to a fantastic day out on **Boscombe beach**. Louise really pushed herself in the water, and **caught some waves** into shore! There was a real sense of **achievement** from the whole group, as they tried out various boards and got over the initial shock of the waves. Adi who was supporting the clients felt **extremely proud** of them all! Chris also did amazingly well, he **swam** for the entire session and really **charmed** the two surf instructors. It was a hugely **enjoyable** day and one we hope to repeat in the future. We are most grateful to the surf school '**Surf Steps**' for being so **accommodating** and supportive towards our residents, they made sure that everyone was comfortable in the sea and had a great time.



Animal Encounters



Meath group 'Quest' arranged a visit from '**Our Amazing Animals**'. Sitting in the shade of the cedar tree on the Meath lawn, staff and residents were able to spend time making friends with **adorable** rabbits, ferrets, guinea pigs, pygmy hedgehogs, gerbils and the slightly less cute snakes, lizards and chameleons. This **tactile** activity was a huge success and there were **smiles** all round! Ella, who fell in love with a rabbit, said 'I **really enjoyed handling the animals** and stroking them on my lap.' Don't worry Ella, our Amazing Animals will be back next year!



An Afternoon Tea fit for a Princess

Competition **prize winner** Georgina, aged 7, had a lovely **afternoon tea** at Changing Perceptions with her mum, little brother, Matilda the Meath Bear and **Miss Earth Surrey** (AKA Princess Esta) from Specsavers Godalming. Well done Georgina and **thank you** Changing Perceptions for putting on a spread that's fit for royalty!



Changing Perceptions have won the **Godalming Town Council** annual window dressing competition with their colourful food & furniture themed display! **Congratulations** to the team on this vibrant and quirky prize worthy window display that is befitting of the culinary and homeware delights that await within! The award was presented by Nick Williams, **Town Mayor**, Sindy and Euan who are Godalming business owners and members of the **Godalming Chamber of Commerce**.

Well Preserved

Changing Perceptions have a delicious **summer range** of homemade preserves including Meath Marmalade, **Cherry Plum Jam** and **Tomato Chutney**. With this mouth watering range of preserves you can support the Meath while enjoying a cream tea or a ploughman's lunch in your garden.



It's Easy Being Green!



We **recycle** and sell items of furniture that are no longer required with any profit **ploughed back** to develop the business. We could obviously no longer function without the wonderful **gifts of wood furniture** that we receive... so please think of us and give us a call if you have any wooden furniture that no longer fits into your world, but it will help make a world of **difference** in someone else's!



Around the Houses

Sizzling Summer BBQ for The Cottages & Cedar View



Residents and staff from **Cedar View** and **the Cottages** enjoyed a BBQ dinner together. This was a lovely opportunity for residents of the two houses to **get together** and enjoy some **sociable** alfresco dining in the shade of our summer gazebos. Maria enjoyed playing her **music** and Laura enjoyed her food so much that she thought Chloe's cooking was **"Like someone from Master Chef!"**



A View From A Bridge



Mandy from **Jeffrey Court** enjoyed a visit RHS Wisley with Chris, her support worker. **Wisley gardens** offers a myriad vibrant colours in the summer. The gardens are pleasingly accessible for wheelchairs which meant that Mandy could enjoy the full range of varying landscapes and features. They also both enjoyed a nice ice cream on one of the hottest days of the year.



Spot Light On... Meath Operational Teams

Sue, Karen and Max provide all day service at **Café Meath**. Max has been working at the Meath for 5 years and began with a catering apprenticeship through his college.

Catering Manager Sue has been at the Meath for many years and has seen and instigated lots of changes. Sue observed that one thing that has passed the test of time is the **terrific sense of community** at the Meath and it is this that she enjoys the most about her role. While Sue is an immensely talented cook herself, who can turn her hand to curry, quiche and cake with equal flair and ease, she is also adept at managing her team in order to best serve the varying needs of the Meath, sometimes with careful planning and at others with an invaluable ability to think on her feet! As well as managing Café Meath which is soon to have a make-over, Sue also provides catering for Meath events and manages the Café at **Changing Perceptions**.

Max and Karen work with Sue at Café Meath and key to their success is their strong sense of **team work** and shared passion for providing a pleasant social space for Meath residents to enjoy **good food** and to encourage customers to make **healthy choices**. Max told Meath Matters "I enjoy working in a team and I love cooking. My favourite dish to make is lamb curry". **(continued on page 6)**

This small team are truly dedicated, **hard-working** and quite rightly are **much appreciated** by all at the Meath. Like all good teams they each have their forte, Sue's skill in baking is rivalled by Karen's passion for bold, flavoursome food with a twist.

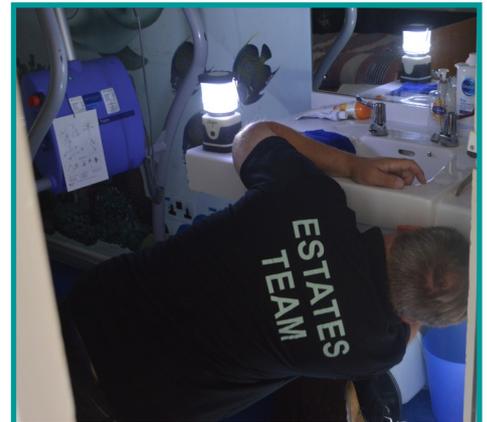
One of the main challenges for Sue is keeping up with the baking: Changing Perceptions and Cafe Meath sell on average 150 pieces of Cake per week!

Café Meath is currently in need of a volunteer to help the team! If you're interested in helping to serve at café Meath to cover peak time between 11.30am to 1.30pm any day Monday to Friday please get in touch!



Estates & Facilities is an equally well-oiled and smoothly operating department at the Meath. Alan and Ron are responsible for ensuring that everything is well maintained and safe at the Meath which is a tall order. Meath Matters caught up with them and discovered that **the scope of their work extends far beyond repairs and liaison with contractors.**

Ron and Alan both work to a tight schedule of procedures such as weekly fire alarm testing across the Meath and at Changing Perceptions and regular vehicle safety checks. However Ron and Alan both find that while their work schedule is carefully planned for they can expect to respond to unexpected and new requests! Ron explained that often the simplest of tasks for him can have a hugely positive impact for a resident and this brings him great satisfaction **"I enjoy the simple things, for example putting up a picture or a shelf for a resident makes a huge difference to them"**. For Alan it is the warm, family atmosphere and his ability to make a positive difference that he enjoys the most about his work. Having been at the Meath for 7 years and working with Ron for 6 Alan has now got some good policies and procedures in place and is looking forward to some planned projects for the improvement of the Meath buildings and grounds.



The Estates Team would be delighted to have a volunteer with some DIY experience, either on an ad-hoc basis or for a regular time slot each week with hours to suit.



Last but not least one man band Rob, Meath Driver, plays a vital role with ensuring the smooth running of Meath logistics in addition to transporting Meath residents to activities and appointments. Having worked at Bradbury Wing for two years Rob is an experienced Support Worker which is invaluable to his role. We would quite literally grind to a halt without him!



Fundraising News

Annual Golf Day Results

- The Winners of the 2018 Meath Trophy were Seymours with 95 points, 2nd Place – Drake and Kannemeyer with 89 points, 3rd Place - Wingate with 88 points,
- The Yellow Ball competition was won by “The Serial Under Achievers”, and second place were Seymours.
- Nearest The Pin for Men was Dick Martin, and Chris Clay was the Ladies Winner.
- The Longest drive Winner for the Men was Sam Brown, and Ladies Longest Drive was Maggie Gartland.



Many Congratulations to all of the worthy winners!

Changing Rooms

We have welcomed staff from the **University of Surrey** for another corporate volunteering day at the Meath. 35 staff members from the University of Surrey finance team kindly worked hard all day on three different projects across the Meath. **Bradbury Wing Kitchen and Dining Room had a make-over**, with magnolia walls painted in fresh white and a new feature wall in raspberry pink. Bradbury Wing staff and residents enjoyed discussing a colour scheme and it's lovely to see them all in the pink!

Another team provided some much needed TLC to our **former ground floor front office which will soon be converted into permanent residential accommodation**. We are thrilled to be able to re-purpose this beautiful space, especially as it is fully wheel chair accessible.



Special thanks to the Meath Catering team who made a lovely picnic lunch for the 35 volunteers and Bradbury Wing Staff and Residents who enjoyed lunch together outside.



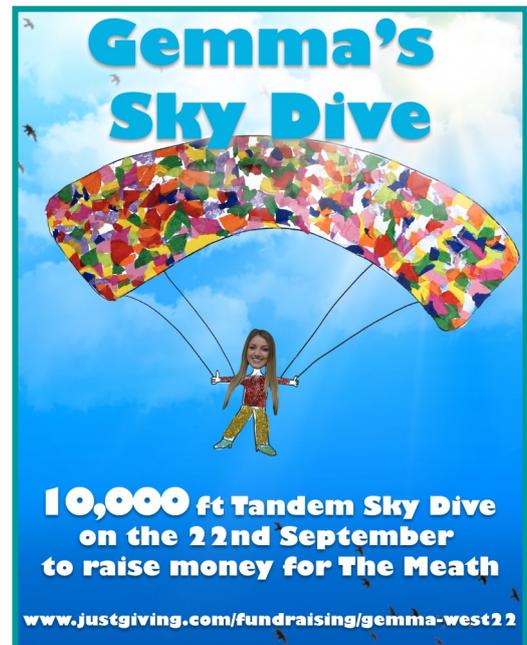
Finally a smaller team worked out in our walled garden and dug out a **new allotment site** which is now ready for our Horticulture group to plant up. We are excited to expand our Horticultural activities at the

Meath and hope to use the allotment as an opportunity for residents to learn more about gardening, growing food and of course to enjoy using the fresh, healthy produce in their meals.

Sky High Support for the Meath!

A group of our amazing supporters are taking part in a **10,000 ft Tandem Sky Dive** on the 22nd September to raise money for The Meath. If you would like to enquire about taking part in the jump then contact the Fundraising Department.

If you don't fancy soaring through the skies but would still like to support, our Fundraising Events Coordinator, Gemma, will be taking part in the event herself. If you would like to sponsor her then please visit her Just Giving page: <https://www.justgiving.com/fundraising/gemma-west22>



Football Fever!

Residents enjoyed watching the nail bitingly tense football matches during the world cup and had a great time supporting England during the world cup... and when it turned out that we'd all got it wrong and 'it wasn't coming home' they simply took to the front lawn to enjoy playing the game themselves!



A fantastic supporter and father of a Meath resident has generously donated a signed Tottenham Hotspurs football... with many England Team World Cup super star names adorning it! The signed football attracted much interest at our Mini Meath Auction and we are thrilled that it raised a fantastic £355.00 for the Meath... and made one devoted Spurs fan very very happy indeed!

Sunny Summer Drinks Reception



We were delighted to welcome supporters to our Summer Drinks Reception which was held at the stunning Thythe Barn, Loseley Park, thanks to the generosity of HM Lord-Lieutenant Michael More-Molyneux. The evening was a wonderful opportunity to thank and update guests with progress made over the past year with poignant and eloquent speeches given by Michael More-Molyneux and Mark Dumas, Chair of Trustees.



Pictured left: Cllr Peter Martin, Chair of Surrey County Council, Dr Jim Glover, High Sheriff of Surrey and Cllr Dan Adams, Mayor of Surrey Heath.

Forthcoming Events...

the *Meath*
epilepsy charity

House of Lords Afternoon Tea & Private Tour

Friday 12th October
£60 Per Person, including travel*



Sing Out The Summer

Rushmoor Male Voice Choir

Singing for You...
& The Meath Epilepsy Charity 

Programme includes:
Music from Les Misérables
You Raise Me Up
She
Sailing
Songs from The First
World War

**With solos by professional tenor
Stephen Petch including:**
Ave Maria
You'll Never Walk Alone
From Carousel



**Saturday 29th September
7:30pm**

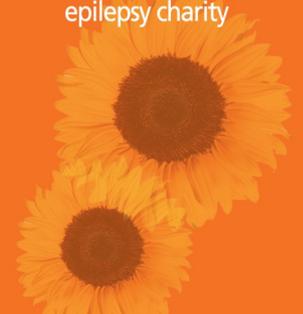
the *Meath*
epilepsy charity

The Hall, Charterhouse, Godalming

Tickets £12.50 from our website
www.meath.org.uk

Gemma (Fundraising Events Coordinator) - 01483 411071

Registered Charity No. 200359





Dates for Your Diary

Friday 10th August	Open Air Cinema Screening of 'Grease', Guildford Rugby Club, 6.30pm
Saturday 15th September	Heritage Open Day at the Meath
Saturday 29th September	Sing Out The Summer, Charterhouse, 7.30pm - 10.30pm — NEW
Tuesday 9th October	Meath Autumn Gift Fair, Ramster Hall, Chiddingfold, 10am - 4pm "No Bambino Enjoy Vino", 5pm- 8pm
Wednesday 10th October	Meath Autumn Gift Fair, Ramster Hall, Chiddingfold, 10am - 4pm
Friday 12th October	House of Lords Afternoon Tea & Private Tour , 1pm-8pm— NEW
Tuesday 16th October	Meath Open Day, 2pm - 4pm
Saturday 20th October	Godalming Lloyds Bank Meath Mini Market, 10am - 1pm
Friday 9th November	Quiz & Curry Night at the Meath, 7pm
Monday 10th December	Christmas Carol Service, St Clement Danes, London, 7pm
Thursday 20th December	Christmas Wrapping, Waitrose Godalming , 9.30am - 3pm
Friday 21st December	Christmas Wrapping, Waitrose Godalming, 9.30am - 3pm

Tuesday 2nd April 2019 Bridge Tea Afternoon at The Meath, 2pm - 5pm



Our latest Meath 100 winners are John Jeffrey (winner of £150), Mr Clothier & Peter Esterhuizen (each winning £50). Congratulations!

Pictured right: Ian Lee. Ian won £150 in last month's draw. Ian supports the Meath each month as a member of the Meath 100 but also kindly volunteers his technical prowess and photographic skills at Meath Fundraising events.



The Meath 100 is our very own lottery! It's super easy to join, you'll be in with a good chance of winning monthly cash prizes and it's a great way to **#SupportMeath**. You can either choose to pay your £5 Meath 100 Membership monthly via BACS or cheque or you can pay a one-off annual fee of £60 via PayPal.



For more information or to join the Meath 100 visit www.meath.org.uk

Thank you

We have been extremely fortunate to have been supported by the following organisations and individuals during July, thank you to you all...

- Alan Saunders
- Alexander Potts
- All the 22 teams that entered the Annual Golf Day
- Anthony Hobkinson
- Barlow Robbins
- Baroness Emma Pidding CBE
- Bespoke Golf Experiences
- Bramley Golf Club
- Charles Jamieson
- Cowdray Estate
- Cowdray Park Golf Club
- David Brazier
- Don Ostle
- Easy Fundraising
- Goodwood Estate
- Hello Lovely
- Hindhead Golf Club
- ICL Media
- Jeremy Hunt MP
- John Jeffrey
- JP Finn
- Julian Smith and The Wisley Golf Club
- Malcolm Ring
- Mannings Heath Golf Club
- Mark Hodding
- Mr & Mrs Farley
- Nick Potts
- NJM
- Noel Thompson
- Old Thorns Manor Hotel
- Real Tennis at Petworth House
- Savills
- Howdens Joinery
- Team Mates
- The Berkshire Golf Club
- The White Horse at Hascombe
- The Withies Inn
- Tony Robin
- Waitrose
- West Surrey Golf Club
- Wightman & Parrish

WE ARE HIRING!

For further details and an application form / job description please contact Dawn Bromley at dawnb@meath.org.uk or 01483 415095.

If you are interested in supporting the Meath by volunteering, making a donation or have an idea for a fundraiser please contact the Fundraising Office: 01483 411071

Helen Jackson, Fundraising & Communications Co-ordinator: helenj@meath.org.uk

Gemma West, Fundraising Events Co-ordinator: gemmaw@meath.org.uk

www.meath.org.uk

The Meath Epilepsy Charity, Westbrook Road, Godalming, Surrey, GU7 2QH

Registered Charity number No: 200359

Text To Donate: Text TMEC11 £5/other amount to 70070

