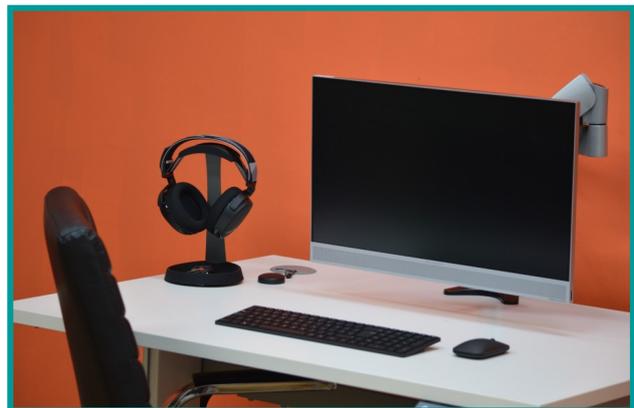


- Letter from Lindsay
- Changing Perceptions
- We've Got Skills
- Around The Houses
- Spot Light On... Board of Trustees
- Fundraising News
- Dates for your Diary & Meath 100
- Thank You

New Specialist Technology Room for Skills Centre...We've Done I.T!

We are absolutely delighted to have been successful in our application to become one of The Ian Karten Charitable Trusts Centres for IT and have been awarded **£25,000** to create a new IT Suite for our residents. This together with a kind **£5,000** IT donation from another local charity meant that we had **£30,000** to purchase exactly the kind of IT Suite with specialist equipment that is suitable for all 80 residents and will enable support workers to be able to deliver sessions that develop and enhance learning and leisure. Find out more about our fabulous new IT Suite on page 6.



Meath Pottery Group Can't Wait to Get Fired!



Sadly our much loved old kiln died and as pottery is one of the most popular Skills Centre sessions we recognised the need to replace it as soon as possible. Luisa who runs the sessions was also aware that there were lots of extra pieces of equipment required to expand the pottery group and its development in order for her sessions to best meet the needs of the group. The Fundraising Team got on board and found a funder who was keen to support the Meath and donate the **£6,500** required to kit out a brand new pottery room including a brand new kiln and slab roller. The Estates team have painted the room to freshen it up and the group are so pleased to use the new equipment for their creations.

A Letter from Lindsay



Dear Reader

After a non-stop searing hot Summer I took the brave move of stepping away from my desk to enjoy my annual leave on holiday in Kos. Like many people it took me a while to switch off from work and relax but I soon found that I was able to sit back, enjoy the peace and tranquillity of the island and consider the many achievements and on-going challenges at the Meath with the benefit of some distance. I've returned with batteries re-charged and so much to look forward to over the next few months. Autumn has got off to a fruitful start this month, we've 'Sung out the Summer' and had two companies visit to complete a volunteering day, the great result of which can be seen in the fresh new paint work at The Cottages and Bradbury Wing. During 'Remember a Charity' week we were delighted to host an evening with Barlow Robbins Solicitors. We welcomed Tim Adams and his colleagues who kindly gave an informative talk about discretionary trusts and other updated advice on Wills.

The Meath Fundraising department has seen a fantastic 'harvest' month with their hard work paying off. As seen on the front cover, our brand new IT Suite and Pottery Room have been fully refurbished and equipped, we're so delighted with these achievements as they will have long and far reaching benefits for the people we support. We have also had funding secured for the installation of a new hoist for the treatment room along with funding for a full year of singing sessions for 'Backstage'. The smaller things also make a real difference to us and a great example of this has been the generous response that we've received from our new 'Wish List'. We are extremely grateful to each and every supporter who has kindly granted our wishes, from larger items such as a powered wheelchair and iPad to the smaller items such as pots and pans, every wish granted has a direct and positive impact for Meath residents.

This month we are shining the 'spot light' on our Board of Trustees. We have a wonderful and hugely supportive board of trustees who bring a wealth of experience to the Meath in order to ensure that the charity operates smoothly, ethically, legally and most importantly with the best interests of the Meath at heart. We are extremely grateful to our trustees for their on-going and unwavering support.

Thank you for your continued interest in and support for the Meath, whether you choose to enjoy coffee and cake at Changing Perceptions, volunteer with us, complete a sponsored challenge, attend a fundraising event or generously donate we are truly appreciative of your support.

A handwritten signature in teal ink that reads "Lindsay".

CEO, The Meath Epilepsy Charity



Frenchic
Furniture Paint

As the good old British weather begins to turn towards Autumn; snugly jumpers, open fires and wood smoke spring to mind. Down at the Changing Perceptions HQ the Team are putting heads together to come up with some new designs for their Nature Range to help protect and promote our wildlife species who like us all love a cosy home.

CP doesn't just up-cycle and create gorgeous accessories for human homes and domestic pets, this eco-friendly social enterprise hand makes Bug Hotels, Bats Motels, Bird Boxes and will soon be launching some toasty little winter hibernation homes for Hedgehogs!



There's been lots of media coverage recently about the demise of one of Britain's most well-loved wildlife characters, the hedgehog (otherwise known as urchin, hedgepig or furze-pig!) Numbers have drastically reduced since the 1950's due in part to habitat change and intensive farming but the Hedgehog Heroes at CP are on the case! Watch this space as we unveil our plans for a toasty little winter house to support our prickly friends...



Adam says of our new range **"Help us protect our wildlife as it's dying out"** and Eleanor thinks our cute Nature Range make fantastic gifts and really help customers to **"Keep Wildlife Wonderful!"**. The team clearly have so much fun learning new skills to make this range.



The full range of reasonably priced, handmade Nature Houses can be found at CP in a range of painted colours or a natural finish for between £5-£20... and they're taking orders for Christmas! Don't forget to browse the range of human homeware too!

Also available:

- Personalized homeware (made to order)
- Lazer cut wooden gifts
- Beautiful chalk paint finished furniture in an array of colours.





We've Got Skills!

Simply the Quest!

September has been an extremely busy month for 'Quest', the Meath off-site activities group. The group have enjoyed two trips to Finkley Down Farm, a visit to the Loseley Dog show, barbeque and games, fun day at Hydon Hilland and a trip to Kempton Market. The group have had a great time and have really made the most of the early autumn weather before winter sets in.



Trips and visits not only provide the group with learning and leisure activities on the day but also offer a good opportunity for the group to discuss and reflect upon their experiences. Phillipa Morrison described her day at Finkley Down Farm "the best day ever!".



Around the Houses



Residents from Thursley and Jeffrey Court enjoyed a late summer break in Hayling Island in the first week of September. Claire, support worker at Jefferey Court told Meath Matters " **We stayed at a lovely hotel and the weather was fantastic. We had a day shopping in Portsmouth, a day at the beach, and we also celebrated my 29th birthday!**"



Spot Light On... the Board of Trustees

We could not achieve what we do without the help and support of our fantastic Trustees. The Meath Epilepsy Charity's Trustee Board is responsible for the overall governance of the charity, they are legally and morally bound to ensure that the organisation is run in a responsible and productive manner.

The Board delegates key areas of work to sub committees who each have one or more Trustees on the Committee. These sub Committees feedback both verbally and via written reports to the main Board. In addition, the Trustees have an Annual Strategic Away Day and the Annual Risk Register Review.

Our Trustees kindly offer us their wide range of skills, backgrounds, and experience to support us with everything from accountancy to fundraising & communications. It's very important to us that our Trustees include all areas of expertise and we also have a parent on the Board to help us make sure that we stay focused on what really matters for the residents we work with. As the board of trustees mostly work behind the scenes, yet the Meath simply could not operate without them Meath Matters is shining the spot light on the Board. To find out more about our trustees please visit www.meath.org.uk.

Mark Dumas, Chair of the Board of Trustees

"The services provided by the Meath are making a tremendous difference day to day for residents and their family members. It surprises many people to hear that some people's epilepsy and associated disability requires them to live with 24 hour care in order for them to live safe, happy and fulfilled lives. I firmly believe that the Meath is a wonderful place for the many people in our care and I feel extremely privileged to make a positive difference to the charity through my role as Chair of the Board of Trustees."



Tony Robin

"I support the Meath because it is an outstanding care home that recognises ability not disability. An exceptional place where laughter abounds in a very special family atmosphere."

Charles Orange

"I have been a Trustee director and chair of the Finance and Risk Committee for many years. The Meath and its special staff has kept improving standards so that The Meath is now a wonderfully caring warm and encouraging home for its residents. Many residents thrive and find that they can achieve much more in their lives than they or others even dreamed about."





Malcom Ring

“It is my pleasure to support the Meath as a Trustee, as a former Lawyer and parent of a Meath resident.”



Jane Wybrew

"I visited the Meath in 1998 and it was a great privilege to be invited to become a Trustee. I have treasured the honour and never cease to admire the residents for their resilience and determination to live each and every day to the full, and the staff who enable them to do so."

Madeleine Henderson



Anna Coss

Robin Gourlay



Dr Jonathan Moore



Tim Bloomfield



**Awaiting picture of new Trustee
Graham Healy**



Fundraising News

New Skills Centre IT Suite continued...

One of our main focuses for 2018 was to maintain and update the technology and equipment we currently have. The IT suite was a room with a few computers in it and we knew it could be so much more beneficial to our residents. We believe strongly in working in partnerships and sustainability rather than “quick wins”. We respected the work that Karten Trust has done over the years supporting charities and jumped at the chance to apply for funding and benefit from being one of their centres. Belonging to the Karten Trust family will enable us to update and purchase new technologies as appropriate every three years as it offers a commitment to long term support.



Through teaching our residents even using our basic technology we have seen the benefits that technology has and the positive impact it has had on their development. Everyone no matter what their disability is keen to use technology. The technologies we hope to use at The Meath will promote residents’ independence and enable them to learn valuable transferable life skills within a safe environment.





Meath Wish List

Having been asked by kind supporters for examples of specific items that residents are in need of the Fundraising & Communications Team launched their first 'Wish List' last month. The Meath have received an overwhelmingly generous response and this is already having a direct and positive impact on Meath residents! We are extremely touched by and grateful for the many wishes that have been granted, and we have received a total of over **£27,000** including gift aid! To see just how many wishes have been granted or to consider granting us one of our many outstanding wishes please visit www.meath.org.uk. **Each and every wish no matter how big or small makes a real difference to Meath residents.**

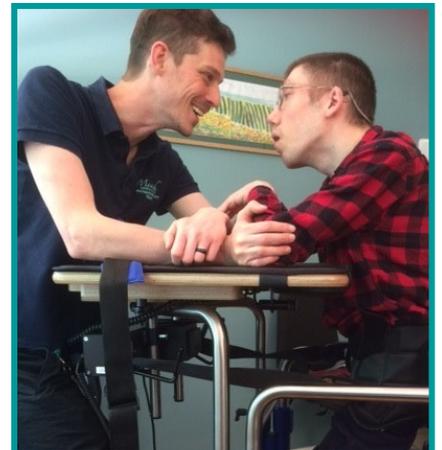


Pictured left: Sybella Wilson, Occupational Therapist with Helen Jackson, Fundraising & Communications Co-ordinator and lots of lovely new things for residents to enjoy! Sybella has been utterly delighted with the news that her wishes for a collection of interactive games and an iPad have been granted!

You Raise Me Up

Our physio team Jo Jo and Robbie approached the fundraising team to see if there was any chance of securing funding for a ceiling hoist in order for all residents able to work with the physio team in our dedicated treatment room, rather than being restricted to having physio sessions in their bedrooms due to the need for a hoist.

The Fundraising department are delighted to have raised **£2,100** to provide them with a ceiling hoist which will soon be installed and used daily. Thanks to Councillor Peter Martin for supporting this project through his Surrey County Council Member's Allowance and to other local charities whose donations enabled this hoist to be installed for the benefit of both residents and staff at the Meath.



Heritage Open Day at The Meath



Once again we were proud to open our doors on Heritage Open Day to share the story of Westbrook House and the Meath with interested visitors. Huge thanks to all who came including Cllr Nick Williams, Mayor of Godalming and Jeanne Williams Mayoress of Godalming.

We received some great feedback from the day and are pleased to have raised over **£288** in donations.

Residents of Westbrook House include General James Oglethorpe who founded the state of Georgia U.S.A.

Great News for Changing Perceptions!

We are absolutely delighted to have received significant funding for Changing Perceptions through both our Wish List and charities who have seen the many benefits our social enterprise offers residents, day clients and members of the local community. In the last month we have received funding for:

£31k, Core Costs

£10k, Wheelchair stair lift for the café-workshop

£2k, Annual supply of Frenchic Paint for sessions

£1,480, Wheelchair with brakes, TGA power pack and drop plate

£600, New camera, bag and tripod for taking photos of all the up-cycled furniture and events at CP and to promote them.



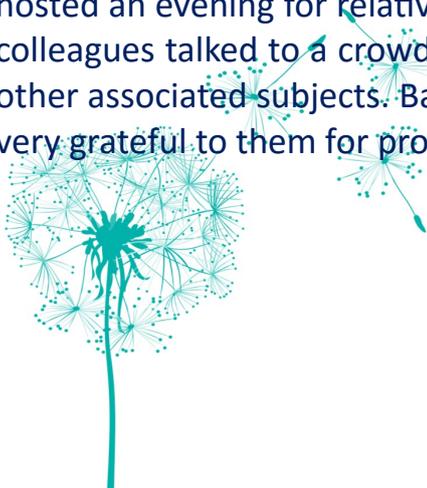
Singing All Year Round!

We are delighted to have secured **£2,250** from a local company to cover the cost of tuition for our Meath Choir for a year. Thank you to loyal supporter Phoebe Gaydon whose sister suggested we apply for the funding from her company. The Meath Choir's next big event will be 'Carols at St Clement Danes Church on Monday 10th December and we cannot wait!



Remember a Charity Week

We were pleased to feature in the Daily Telegraph for Remember a Charity Week in September and as well as encouraging supporters to remember us in their will we also hosted an evening for relatives with Barlow Robbins solicitors. Partner Tim Adams and his colleagues talked to a crowded room full of relatives about Wills, Discretionary Trusts and other associated subjects. Barlow Robbins support The Meath in so many ways and we are very grateful to them for providing this informative evening for our relatives.



**REMEMBER A CHARITY
IN YOUR WILL WEEK**

10-16 September 2018

Lindt & Colgate Team Volunteer Days



We are so grateful to the team of 55 staff from **Lindt** who kindly spent the morning painting Cedar View, other bedrooms and assisting with the up-keep of our grounds. Not only did they make a huge difference by helping us with our jobs list but they also kindly brought enough chocolate for each resident, staff and volunteer to enjoy...and we did!



A huge thank you to the team of volunteers from **Colgate-Palmolive** who joined us for a volunteering day of painting and gardening. Thanks to their hard work the Bradbury Wing lounge and corridors in the Cottages have a fresh lick of paint and our grounds are looking stunning!



Meath Support Reaches New Heights!

5 Fearless Meath Supporters, 10,000ft and over £4,000 raised for the Meath!

We are so proud of our amazing Meath Supporters who jumped out of a plane for the Meath! Taking part were Gemma West, Meath Events Co-ordinator, Meath Supporters Shelagh Roberts & Gemma Coen, Sarah Allen, Meath relative and Sarah Adams, Mayoress of Surrey Heath.



Huge thanks to all who kindly sponsored our Meath Sky Divers!



Sing Out The Summer Success

Our 'Sing Out The Summer' Concert in the stunning historic setting of Charterhouse Hall was a truly wonderful evening. The magnificent voices of Rushmore Male Voice Choir together with the tremendous tenor Stephen Petch offered a look back in time to Word War 1 songs of camaraderie with wistful nostalgia. Spirits were also uplifted with soaring musical scores from the West End as the audience were reminded that they 'never walk alone'.



Thank you so much to Rushmore Male Voice Choir for supporting the Meath in this way and helping us raise lots of money for the charity.

A Jump Down the Rabbit Hole with Guildford Shakespeare Company

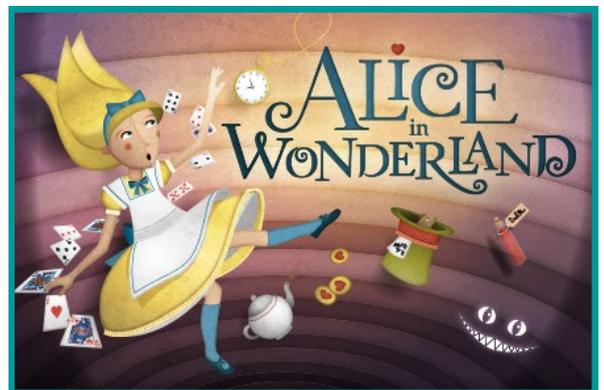
Did you know that it was very possible that the author Lewis Carroll lived with Epilepsy?

During this free talk, the Meath Epilepsy Charity and Guildford Shakespeare Company will be raising awareness of epilepsy, the work of the Meath and sharing the story of Lewis Carroll whose timeless tale of 'Alice in Wonderland' is soon to be brought to life by Guildford Shakespeare Company in an imaginative performance.

'Down the Rabbit Hole Talk', Saturday 27th October, St Mary's Church, 2.30pm. Free, no booking required.

There will be a retiring collection for The Meath and refreshments will be available.

Three years after his famous Story 'Alice in Wonderland' was published, Charles Dodgson (AKA Lewis Carroll) worked at St Mary's Church, Guildford as a Reverend.



For information or to book tickets for Guildford Shakespeare's Production of Alice in Wonderland visit: www.guildford-shakespeare-company.co.uk



UPCOMING AUTUMN EVENTS



RAMSTER HALL
AUTUMN GIFT FAIR

Tuesday & Wednesday
9th & 10th October



House of Lords
Afternoon Tea & Private Tour
Friday 12th October



TAURUS
WINES



Walkabout
Wine Tasting Event

Friday 19th October

QUIZ &
CURRY
NIGHT

Friday 23rd November



BOOK WITH GEMMA

TEL: 01483 411071

WWW.MEATH.ORG.UK/ABOUT-US/EVENTS



Dates for Your Diary

Tuesday 9th October	Meath Autumn Gift Fair, Ramster Hall, Chiddingfold, 10am - 4pm "No Bambino Enjoy Vino", 5pm- 8pm
Wednesday 10th October	Meath Autumn Gift Fair, Ramster Hall, Chiddingfold, 10am - 4pm
Friday 12th October	House of Lords Afternoon Tea & Private Tour, 1pm-8pm
Tuesday 16th October	Meath Open Day, 2pm - 4pm
Friday 19th October	Walkabout Wine Tasting, Taurus Wines, 7pm-10pm
Saturday 20th October	Godalming Lloyds Bank Meath Mini Market, 10am - 1pm
Saturday 27th October	Down The Rabbit Hole; talk about the life of Lewis Carroll, Epilepsy & the Meath in association with Guildford Shakespeare Company, St Mary's Church, 2.30pm-3.30pm. FREE, no booking required.— NEW
Friday 23th November	Quiz & Curry Night at the Meath, 7pm— NEW
Monday 10th December	Carols at St Clement Danes, London, 7pm

Tuesday 2nd April 2019 Bridge Tea Afternoon at The Meath, 2pm - 5pm



Our latest Meath 100 winners are Amy Liddington (winner of £150), Lizzie Ring & Gill Bennett (each winning £50). Congratulations!

Pictured below right: Amy Liddington, (Meath Finance Team) who won £150 in last month's draw. Amy supports the Meath each month as a member of the Meath 100 and is delighted to have a shopping trip ahead of her thanks to her Meath 100 winnings!



The Meath 100 is our very own lottery! It's super easy to join, you'll be in with a good chance of winning monthly cash prizes and it's a great way to **#SupportMeath**. You can either choose to pay your £5 Meath 100 Membership monthly via BACS or cheque or you can pay a one-off annual fee of £60 via PayPal.



For more information or to join the Meath 100 visit www.meath.org.uk

Thank you

We have been extremely fortunate to have been supported by the following organisations and individuals during September, thank you to you all...

- Angela Wadsworth
- Barry and Chris Bateman
- Blue Water Energy
- Colgate Palmolive
- Don Ostle
- Focus IT
- Gemma Coen
- Gemma West
- HazMark Investments
- Kathy Lee Deeny
- Lindt
- Malcolm and Lizzie Ring
- Margaret Travis
- Mark and Hazel Hodding
- Mark Dumas
- Sarah Adams
- Sarah Allen
- Shelagh Roberts
- St Michaels Lodge
- Studio1 – Godalming
- Sue Parkes
- The Greenhouse
- The Rushmoor Male Voice Choir
- Tennis Tournament
- The Ian Karten Charitable Trust
- The Toastmasters & Masters of Ceremonies Confederation
- The Wates Foundation Committee
- The Woodhill Charitable Trust
- Tiger Tiger



Our Magical Meath Christmas Cards are on sale at Changing Perceptions or can be purchased via the Fundraising & Communications Department. Meath Christmas Cards will also be on sale at Ramster Hall Autumn Gift Fair. £6 per pack of 10, with all profits to the Meath.

If you are interested in supporting the Meath by volunteering, making a donation or have an idea for a fundraiser please contact the Fundraising Office: 01483 411071

Helen Jackson, Fundraising & Communications Co-ordinator: helenj@meath.org.uk

Gemma West, Fundraising Events Co-ordinator: gemmaw@meath.org.uk

www.meath.org.uk

The Meath Epilepsy Charity, Westbrook Road, Godalming, Surrey, GU7 2QH



Registered Charity number No: 200359

Text To Donate: Text TMEC11 £5/other amount to 70070

