

Fundraise For us: The Meath not only strives towards a future that eliminates the stigma attached to epilepsy, but continuously seeks new and better ways to support the people whose lives it so seriously disrupts. We are proud of our highly professional and passionate staff teams and the dedication and innovation they demonstrate day to day. In order to continue to provide personalised, outstanding care and support for our residents who live with complex epilepsy and associated disabilities, we need the resources available to invest towards safeguarding and improving future services.



We receive payments to cover everyone's day to day care, but there is no statutory duty for the Government to maintain our buildings or to contribute to the many and varied enterprises, skills training, sports, arts and leisure opportunities that exist at the Meath – all of which enable and empower vulnerable adults to live safe, and fulfilled lives as independently as possible.

All funds raised by members of the community have a huge and long lasting impact on the lives of those we support. Please be assured that your fundraising will make a difference.



As The Meath Community & Events Fundraiser



I am available to help support any fundraising ideas you would like to develop. The Meath is also able to supply publicity and banners, provide charity collection buckets, set quiz questions for a quiz night and provide printed t-shirts for sponsored

challenges. You can be assured that every penny you are able to raise makes a genuine difference to the Meath residents and their families. Please get in touch with me to discuss any ideas and support that you may require.

I hope to hear from you soon.

Helen Jackson

Some ideas to consider:

- Running a Fundraising Event.
- Making us Charity of the Year.
- Challenge Events.
- School Fundraisers.
- Fundraising with your community organisation.



Contact Helen on 01483 411071 helenj@meath.org.uk

For all other fundraising projects please contact

**Tania Cantoni,
Head of Fundraising and Communications**

www.meath.org.uk
#SupportMeath

Fundraising Office, The Meath Epilepsy Charity,
Westbrook Road, Godalming, Surrey, GU7 2QH

Registered Charity No 200359

Thank you from all at the Meath

Getting involved with... the Meath epilepsy charity



Individuals and small Community organisations can make a big difference to the people we support who live with complex epilepsy and associated disabilities.



The Meath Epilepsy Charity provides accommodation and services for people with complex epilepsy and associated disabilities. We offer a pathway of progressive care and support in a vibrant and dynamic environment. It is a place where some amazing possibilities exist enabling people to achieve their own personal goals, whatever challenges they face, and to fulfil their own potential.



People like you in the local community help us to offer those we support a world of possibilities despite the challenges posed by complex epilepsy. It would be fantastic if you could consider the Meath for a community fundraiser but please do take a look at our list of some very simple ways to support us...



Tell People About us! By simply choosing to meet a friend at Changing Perceptions Café, you are helping us by introducing a new face to the Meath. On social media please like our Facebook page **@themeathepilepsycharity** and you can follow us on Twitter **@MeathCharity** and please use **#SupportMeath**



Changing Perceptions sells beautiful up-cycled furniture with a quirky edge, classic vintage pieces, furniture paint and unique decorations created by Meath clients. The Changing Perceptions Café serves speciality teas, great Fair Trade barista style coffee and truly delicious home-baked cakes.



ARTHOUSE MEATH sells original paintings, prints and giftware such as scented candles, stationery, mugs, tea towels and confectionery. With everything designed in the vibrant, ARTHOUSE Meath style, you can buy unique gifts that have been designed in Godalming by Meath clients.



When you shop online you are one easy click away from donating to the Meath by using EASY FUNDRAISING
(www.easyfundraising.org.uk or use our website link).



Come along to some of our fantastic events: We organise a wide variety of activities each year such as Charity Golf Days, Furniture Painting Workshops at Changing Perceptions, Concerts and performances, Quizes and Christmas events. Check our website www.meath.org.uk for dates or contact us for more details.



Know anyone who is looking to join a gym? The Meath has a fully equipped gym that is open for public use once an induction has been completed. No contract or monthly fee, users can pay a small fee at each visit.

