

- Letter from Lindsay
- We've Got Skills
- Around the Houses
- Spot Light On...Little Meath
- Changing Perceptions
- Fundraising News
- Dates for your Diary & Meath 100
- Thank You

## Support For the Meath Gets as Cunning as the AAT Events Fox Challenge!



Local challenge events group 'AAT Events' partnered with the Meath Epilepsy Charity for their fantastic run 'The Fox' which saw over 500 keen runners challenging themselves as they ran the 60k, 42k or 21k trail run which circumnavigated Guildford and started and ended in Godalming. Runners donated generously when registering online and the Meath Fundraising team and fantastic volunteers were on hand on the day to support the event. Following a successful partnership with this event the Meath looks forward to working with AAT Events next year. Huge thanks to the wonderful team of Meath Volunteers who made our partnership such a success. Rob Sweetman from AAT Events commented that **"We cannot praise you highly enough for organising the volunteers,**

**managing the refreshments and the medals, it meant that the runners were very well looked after and it was above and beyond our expectations!"**

The Meath is thrilled to have raised awareness of the work of the charity among local runners and looks forward to encouraging supporters to don their running shoes in the future! Thank you AAT Events!



## A Letter from Lindsay



*Dear Reader*

I hope you had a great April and enjoyed the Easter break as much as we did at the Meath. Residents have had lots of opportunities to take advantage of the good weather this month with an Easter Egg Hunt and trips to the coast. Many Meath supporters have also felt encouraged to get out and about and fundraise with challenge events. Huge thanks and congratulations to Regan who lives at the Meath and wanted to combine her love of walking with fundraising for the Meath by completing a sponsored walk on the south coast. I'm also delighted that

around 500 local runners also supported the Meath at AAT Events 'The Fox' run! The Easter Break and sunny weather also provided many people with the perfect opportunity to complete a DIY project and the Meath supported living residents are no exception, thanks to their team work they now have a lovely, spruced up garden to enjoy!

This month we shine our Spot Light on Little Meath, over the course of the year we hope you'll enjoy our features on each of the eight different houses on site at the Meath, each house has its own distinct identity and this month our feature on Little Meath shows us how the staff and residents there work together to make life so special for one another.

I'm very pleased to introduce Yasmine Gordon, Events Manager who joined the Meath team in March. In this issue Yasmine gives us insight into her exciting ideas for some great events which will give so many supporters an enjoyable and memorable experience while also raising some much needed money for the Meath. Personally I can't wait for the outdoor cinema screening of Bohemian Rhapsody at Guildford Rugby Club on 20<sup>th</sup> July!

I hope you can find yourself a place in the sun, tuck into the last of your Easter chocolate and enjoy our April Edition of Meath Matters.

*Lindsay*



CEO, The Meath Epilepsy Charity



**We've Got Skills!**  
**Eggstra Special Treats!**

We were lucky enough to have lovely sunny weather over Easter but Easter was made eggstra special by Don Ostle, father of Louise and Laura who donated lots of chocolate eggs for all residents to enjoy.



Local company 'Helping Hands' also kindly donated some Easter eggs too and Laura was only too pleased to put on her ears and play the role of Easter bunny for the occasion! With a huge smile on her face, Laura was supported to deliver the chocolatey treats to all at the Meath, pictured above are happy recipients Louise, Laura's sister and Mandy who live in Jeffrey Court. We are so grateful to Don and 'Helping Hands' for providing the Easter Eggs which helped to make Easter such a special day for Meath residents.





## Around the Houses

### Cedar View Celebrates Richard's Birthday



Thanks to staff and residents at Cedar View, Richard enjoyed a very happy Birthday! Richard had a great time at Woking's 'Big Apple' entertainment complex for his birthday treat, making the journey by train set Richard up for a great day out and he especially enjoyed having lots of goes on the arcade racing cars. Cedar View residents all enjoyed helping to make Richard's day special by sharing cake and singing happy birthday together. When Richard got handed a present from the fundraising team and correctly guessed the gift to be a football he wasted no time at all in rushing off to the Meath gardens to play his favourite game!

### Supported Living Garden Spruce Up

Residents at Croft Road Supported Living House made good use of the sunny Easter Bank Holiday and gave their back garden some TLC. Sharon, Ben and Adam are really pleased to have worked together as a team on their garden project and they now have a lovely back garden to enjoy over many more sunny days to come! Well done!



### Saying it With Flowers



It takes a whole team of very special people to support the wonderful residents of the Meath. Jo Axton, Head of Residential & Commercial Services has started an initiative to give recognition and thanks to staff members who go above and beyond the call of duty. During April nominees were Michelle Plumb, Training Manager, Lauren McKenna, Manager of The Cottages, Hannah Hayles, Acting Assistant Manager of Bradbury House and Karen Kruger, Catering Assistant. A beautiful bouquet of flowers went to Hannah and Karen as a token of thanks for their dedication and work on new projects over the past few months.

**Huge thanks to Hannah and Karen for going the extra mile for the Meath!**





## Spot Light On...Little Meath



This month Meath Matters shines the spotlight on Little Meath. Carl Ginns, Manager, explains what makes Little Meath such a special place. Little Meath is home to 9 residents who have quite a high level of dependency and complex needs, support workers therefore have a very hands on role while enabling residents to live as independently as possible. Carl commented that **“Our team of staff and residents at Little Meath are so close to each other. Despite Little Meath residents having a high level of dependency staff really enjoy involving residents with selecting places to visit, activities and meal planning. I’m especially proud of our strong culture of offering residents informed choices. We have so many different personalities in our house and we all appreciate and respect everyone’s feelings and individual ways– we’re just like a family.”**



Little Meath has a combination of non-verbal and verbal residents, staff know the residents so well and are able to anticipate moods, feelings and the onset of a seizure by intuition. Little Meath is also highly adept at living life to the full and embracing opportunities to have fun together! As well as enjoying time at home Little Meath residents enjoy lots of trips out. This year residents have enjoyed theatre trips to see ‘Betty Blue Eyes’, ‘Shrek’ and a Spice Girls Tribute Concert. Peter commented that the production of Shrek by Guildford School of Acting that he saw at the Yvonne Arnaud Theatre was the ‘best show’ he’d ever seen!

The facilities at Little Meath also help to make life as easy as possible for the whole team. Recently the bathroom has been fully re-furbished with fundraised money and bath time is now a more enjoyable experience for residents. Mood lighting, sparkly flecks on the tiles and the radio built into the mirror are popular with residents while the staff find that the new changing table minimizes manual handling and risk of back injury.



A new TV is soon to be delivered to Little Meath after a kind supporter funded it from the Wish List. Carl and the team also used some money that was kindly personally fundraised for by Andy, Little Meath Support Worker. The combined money has also allowed Little Meath to buy a new microwave.



The carpet in the sitting room has recently been replaced with new laminate flooring which looks great, it's easy to keep clean and is also easier for residents with reduced mobility to walk across. It's also a very special and much appreciated improvement because the money for it was generously donated by the family members of Phil, a former Little Meath resident who very sadly passed away last year. Carl explained that **“Phil is very dearly missed by all at Little Meath and we have all been very touched by the wonderful support that Phil’s family continue to bring to Little Meath and the Meath as a whole.”** Carl and the team all consider themselves extremely lucky to have such close relationships not only with residents but with their family members too. Clearly Little Meath has a big heart, close knit relationships and some truly wonderful people behind its doors.



**Changing Perceptions** is over the moon with the new wheelchair lift which enables wheelchair users to get to and from the café and workshop area internally. The few pesky internal steps used to mean that wheelchair users had to use the exterior doors to either area but now the social enterprise is pleasingly fully accessible for wheelchairs and buggies. Huge thanks to the kind donors who funded the wheelchair lift.

Delicious home made jam, marmalade and chutney are in stock at CP.  
 £3.50 per jar or two for £6.  
 All profits to the Meath.

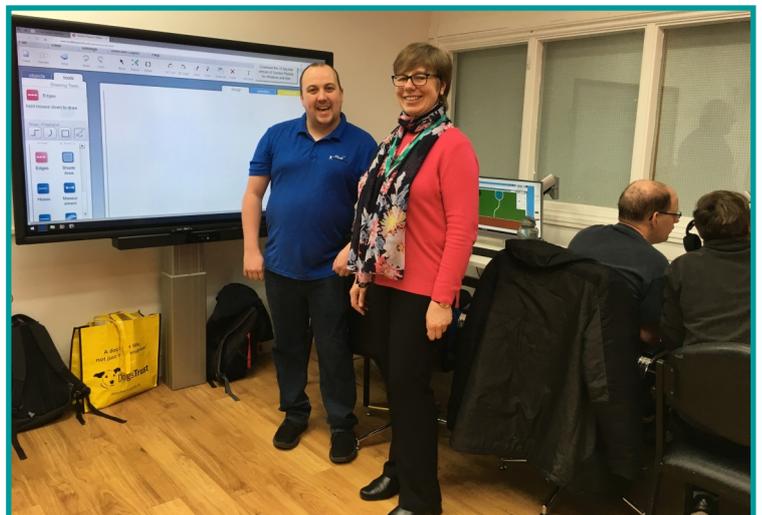


**Brighten up your day with a re-usable Bamboo Coffee Cup from CP.**  
**£9.95 each with first ‘fill-up’ free and 20p off any hot drink purchased at CP thereafter!**



## Fundraising News

Tania Cantoni, Head of Fundraising was very pleased to show Dawn from the Karten Trust our newly kitted out I.T. Suite. John, Activities Co-ordinator was on hand to explain how the generous donation from the Karten Trust has a positive impact on every Skills Centre I.T. session.





## Regan’s Step by Step Guide to Supporting the Meath!

Regan who lives at The Cottages has completed a seaside sponsored walk with her family. Not only is Regan thrilled to have encouraged her family to support her as she achieved a personal challenge but she also raised over £500 for the Meath. Regan helped to co-ordinate her family sponsored walk and set up an online giving page as well as taking some sponsorship from supporters en-route! The Meath is extremely proud of Regan’s achievements and very grateful to her for her fantastic fundraising. Regan, who was clearly thrilled to have completed the walk commented “I’d do anything for the Meath, it’s given me so much over

over the years and I wanted to give something back. The seaside walk with my family went really well and we ended it by having fish and chips on the beach!”

**Step 1) Don’t let your disability stop you doing what you want to do.**

**Step 2) Set yourself small achievable goals. Regan has recently lost weight and improved her fitness with regular walking.**

**Step 3) If you feel passionately about something and want to make a difference encourage others to join you!**



Cllr. Raj Haque, Mayor of Mole Valley visited the Meath to take a look at all that we get up to. Raj was pleased to meet some of the people we support and was impressed with the wide range of activities on offer. Following his visit Raj has kindly offered to support the Meath in the future by holding a fundraising event at his busy restaurant. The Fundraising team very much look forward to working with him!

## White Horse Luncheon Club Support Meath at Annual Auction

The White Horse Luncheon Club in Hascombe hold an auction every Christmas in order to raise funds for local charities whilst having fun themselves. The Meath was chosen as one of the three local charities to benefit from the auction, which, thanks to an anonymous donor, raised £2,500 for the Meath. Head of Fundraising and Marketing for the Meath, Tania Cantoni, is pictured receiving the cheque and said: “We are so grateful to the members of the



**White Horse Luncheon Club for their continued generosity and support. This money will be used directly for the benefit of our residents. We are also grateful to Paul and Sorrel Morganti for supporting these three charities through hosting The White Horse Luncheon Club and we look forward to a continued partnership with the White Horse.”**

## Support the Meath As You Shop!

The Meath is lucky enough to have been chosen by both local Waitrose and Tesco branches for their in-store community fundraising schemes. If you live in the Godalming and Guildford area or may be shopping in the area having visited friends or family at the Meath during May and June please vote for the Meath in store at Waitrose Godalming and Tesco Superstore Guildford, Milford Tesco Express and Bridge Street Guildford Tesco Express.

### Waitrose

During May customers can use their green tokens in store to vote for 1 of 3 good causes and at the end of the month each charity will receive their proportionate amount of £1,000. If you shop in store at Waitrose Godalming please remember to vote Meath during May and help us to make the most of this fundraising opportunity.



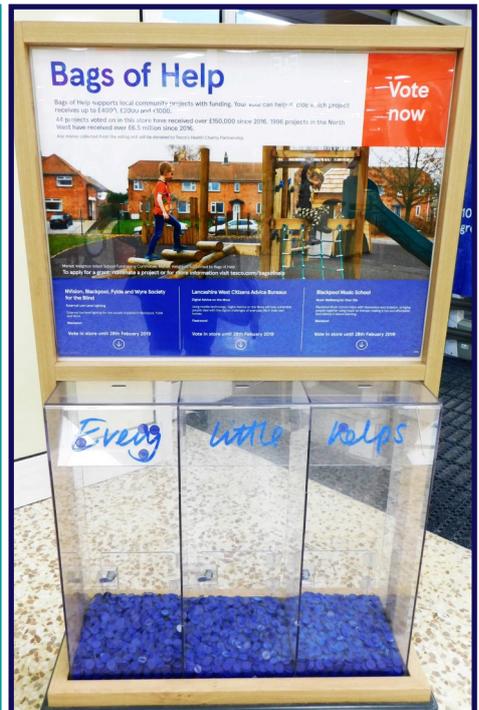
### TESCO

**You can also show your support for the Meath during May and June if you shop in store at Tesco.**

We need your help...bags of it! The Meath has been chosen for Tesco 'Bags of Help'. Customers in the following stores can vote for their chosen nominated charity in store during May and June- a purchase of any value will result in being given a token and we need our supporters to kindly Vote for the Meath!

**Guildford Tesco Superstore - GU2 7UN**  
**Milford Tesco Express Store - GU8 5HJ**  
**Guildford Bridge Tesco Express Store - GU1 4RY**

Every vote will bring us closer to the maximum amount of the available £4k. Please kindly vote as you shop, after all, every little helps.



### Forthcoming Fundraising Events

Yasmine Gordon, Events Manager, joined the Fundraising team in March and has brought with her lots of fantastic new ideas for exciting and unique events. Attending a fundraising event is such a simple way to support the charity and Yasmine explains her passion for delivering a great selection of events for both supporters and the charity. **"I've worked in events for over**

**15 years in both London and Cairo and I'm so excited to deliver a great portfolio of events that offer existing and new supporters an enjoyable and memorable experience. As well as having worked in the events industry I have also owned and managed a local restaurant. During this role I supported local artisan producers and charities. I look forward to bringing my experience to the Meath by creating a fresh and invigorated community feel to some of the events over the coming year.**

Yasmine explained to Meath Matters that she and the Fundraising Team are especially looking forward to the Outdoor Cinema Event on 20th July. Following the success of the charity's first Outdoor Cinema Event at Guildford Rugby Club last year the Meath is screening Bohemian Rhapsody at the Rugby Club. Once again firm favourites such as pop corn, ice cream and BBQ will be available but some new additions include songs from the fabulous Guildford & Godalming Jazz Choir before the screening of this simply stunning film.

# OUTDOOR CINEMA

## BOHEMIAN RHAPSODY

BOHEMIAN RHAPSODY IS A FOOT-STOMPING CELEBRATION OF QUEEN, THEIR MUSIC AND THEIR EXTRAORDINARY LEAD SINGER FREDDIE MERCURY. THE FILM TRACES THE METEORIC RISE OF THE BAND THROUGH THEIR ICONIC SONGS, AND THE GROUP'S NEAR IMPLOSION AS MERCURY'S LIFESTYLE SPIRALS OUT OF CONTROL.



### SATURDAY 20TH JULY 2019

GUILDFORD RUGBY CLUB, GUILDFORD ROAD, GU7 3DH, GODALMING

GATES OPEN AT 7:30PM, FILM STARTS AT 8:45PM

FOOD AND DRINKS ARE AVAILABLE ON SITE

CASH BAR ● BBQ ● POPCORN ● ICE CREAM

PRE-SCREENING ENTERTAINMENT TO BE ANNOUNCED

**Tickets:**

**Early bird £10**

**Standard £12**

**On the door £14**

**Premium packages available**

TO PURCHASE TICKETS VISIT OUR WEBSITE [WWW.MEATH.ORG.UK](http://WWW.MEATH.ORG.UK)

FOR MORE INFORMATION CONTACT YASMINE AT [YASMINE.GORDON@MEATH.ORG.UK](mailto:YASMINE.GORDON@MEATH.ORG.UK)

OR CALL THE FUNDRAISING TEAM ON 01483 411071

the *Meath*  
epilepsy charity

Registered Charity No. 200359

PLEASE DO NOT BRING ANY FOOD OR DRINK ON SITE  
BUT BRING SOMETHING TO SIT ON AND KEEP WARM



@TheMeathCharity



@MeathCharity



@TheMeathEpilepsyCharity

**CH**

The Event Hire  
Specialists



# OUTDOOR CINEMA BOHEMIAN RHAPSODY

Book now to Take advantage of our Early Bird Tickets (£10 each) or Splash Out on A Premium Package for prime screen position, prosecco, popcorn and other premium perks! Limited tables available, from £160- £200 per table depending on group size.

**Meath Will Rock You**



## Dates for Your Diary

<b>Saturday 1st June</b>	Godalming Town Show, Burys Field, Godalming, 1pm-6pm
<b>Saturday 8th June</b>	Occam Singers Concert, Cranmore School, 7.30pm
<b>Sunday 7th July</b>	Godalming Food Festival, in support of the Meath
<b>Saturday 20th July</b>	Outdoor Cinema Event: <b>'Bohemian Rhapsody'</b> , Guildford Rugby Club, 7.30pm
<b>Wednesday 24th July</b>	Meath Charity Golf Day, Worplesdon Golf Club
<b>Saturday 14th September</b>	Heritage Open Day, 10am-3pm, booking via Godalming Museum
<b>Saturday 21st September</b>	Wellness Day– G Live— <b>NEW!</b>
<b>Saturday 21st September</b>	St Nicholas Church Community Event– Cranleigh– <b>NEW!</b>
<b>Saturday 2nd November</b>	Occam Singers– Holy Trinity Church, Guildford– <b>NEW!</b>



This month's winners are Sally Alexander who won £150, Mr & Mrs Hodding and Mr & Mrs Thomas who both won £50.

**Congratulations!**



The Meath 100 is our very own lottery! It's super easy to join, you'll be in with a good chance of winning monthly cash prizes and it's a great way to #SupportMeath. You can either choose to pay your £5 Meath 100 Membership monthly via BACS or cheque or you can pay a one-off annual fee of £60 via PayPal. visit [www.meath.org.uk](http://www.meath.org.uk) to join.

The Meath 100 Lottery raises £3,000 over the course of a year while giving members great cash prizes every month.

# Thank you

We are very grateful to have been supported by the following organisations and individuals during April, thank you to you all...

- 140
- AAT Events
- Bentley Brown
- Bourne Estate Agents
- BSF(UK) LLP
- Catwalk
- Charlotte Grobrien OBE
- Cook
- Don & Julie Ostle
- Enzorosario
- Ewbanks Auctioneers
- Godalming Chamber of Commerce
- Godalming Deli
- Godalming Meadow WI
- Guildford Rugby Club
- Helen & Harry Cooper
- Helping Hands
- Idyllic, Cranleigh
- Jan Prothero
- Kate Gilbert
- Lee Taman
- Margaret Travis
- Moss Lane School
- Mrs Ford
- Olive Tree
- Paratus Security
- Pinnocks
- Red Hot Yoga
- Red Mist Leisure
- Regan Parish
- Ritual Coffee
- Roffee Swayne
- Rupert Travis
- Seymours Ripley
- Specsavers Cranleigh
- Specsavers Godalming
- St Nicholas Church Compton
- Steamer Trading
- The Alison Hillman Trust
- The Mayor of Surrey Heath Cllr Dan Adams
- The Stag at Eashing
- The White Horse Luncheon Club



*the Meath*  
epilepsy charity

**OUTDOOR CINEMA**

**BOHEMIAN Rhapsody**

**SATURDAY 20TH JULY**  
GUILDFORD RUGBY CLUB, GUILDFORD ROAD, GU7 3DH, GODALMING

**FOR TICKET INFORMATION VISIT OUR WEBSITE**

**WWW.MEATH.ORG.UK**

**GATES OPEN AT 7:30PM**

If you are interested in supporting the Meath by volunteering, making a donation or have an idea for a fundraiser please contact the Fundraising & Marketing Office: 01483 411071

Helen Jackson, Marketing Co-Ordinator: [helenj@meath.org.uk](mailto:helenj@meath.org.uk)

[www.meath.org.uk](http://www.meath.org.uk)

The Meath Epilepsy Charity, Westbrook Road, Godalming, Surrey, GU7 2QH

Registered Charity number No: 200359

