



Dates For Your Diary

Saturday 16th November
 Thursday 28th November
 Saturday 30th November
 Tuesday 3rd December
 3rd—10th December
 Monday 9th December
 Monday 16th December
 Thursday 19th December
 Friday 20th December
 Saturday 21st December
 Sunday 5th April 2020

Santa's Grotto Launch in support of The Meath— Squire's Garden Centre, Milford
 Luxury Christmas Wreath Making Workshop, Changing Perceptions
 Godalming Christmas Festival in support of The Meath
 Luxury Christmas Wreath Making Workshop, Changing Perceptions
 The Big Give
 Carols at St Clement Danes—London
 Carols at The Stag On The River, Eashing
 Christmas Wrapping & Collection, Waitrose Godalming
 Christmas Wrapping & Collection, Waitrose Godalming
 Occam Singers— St Nicolas Church, Guildford
 Bringing The House Down, Glyndebourne – **NEW!**

83 Pence
 In EVERY Pound

directly benefits the people we support



Welcome to our new look October Edition of Meath Matters! Over the past few weeks I have enjoyed seeing the people we support learning about Harvest Time and experimenting with new recipes. It was also lovely to see so many people having fun at my 50th Birthday party that the team held kindly for me in the Skills Centre. For many of the people we support Halloween is also an exciting time and the Halloween party was a huge hit! The Fundraising Department have also announced some wonderful treats (no tricks, I am assured) and I am thrilled to draw your attention to a newly announced prestigious concert. 'Bringing The House Down' will be held at Glyndebourne in April next year, I hope you enjoy hearing about this unique event.

This issue also explains some exciting new ways to support the Meath during the forthcoming festive season, not least the chance to **double your donation during 3rd-10th December as part of THE BIG GIVE**. I hope you enjoy seeing some of our October highlights and hearing about the many new opportunities to support the work we do, we really couldn't do it without you.

Best wishes

Lindsay



Party goes loved dancing and singing along to the band!



October Meath 100 Lottery winners were John Merkelt who won £150, Lynda Thomas & Marion O'Sullivan who both won £50. Congratulations! Memberships are available via the website and cost £5 per month.

Thank you

Many thanks to the following people and organisations who kindly supported us during October....

- Bois Schiller Flexner
- Colgate Palmolive
- Ewbank's Auctioneers
- HSBC Bank
- Kate Gilbert
- Lorna Andrews
- Marguerite Foundation
- Mark Holford
- Mrs Bennett
- Richard Copping
- Sanofi
- Screwfix Foundation
- St Hilary's School
- Steve Back
- Whitehall Charitable Foundation

You can help us to enrich the lives of the people we support by making a donation to **The Life Enrichment Fund**. All donations make a positive difference to the daily lives of adults who live with complex epilepsy and associated disabilities. You can donate by BACS, Cheque, or Stripe Account, for more information visit: www.meath.org.uk

Thank you

@TheMeathEpilepsyCharity

@MeathCharity

@TheMeathCharity

If you're interested in volunteering or would like to find out more please contact Helen Jackson, Marketing Manager: 01483 411071, helenj@meath.org.uk. Please help us to grow our support by following us on social media and sharing our posts.

#RecognisingAbility #EnrichingLives #SupportMeath
 #OvercomingIndifference

Registered Charity Number: 200359



Happy Chopper Laura loved making a healthy soup



"I enjoyed making these... I've not had one in years!" Sarah

Season of Mellow Fruitfulness

The Meath Cookery Group enjoyed making autumnal soups and tasty toffee apples using generously donated food from St Hilary's School Harvest Festival. The group were delighted to see their cupboards filled up with dried and canned goods that will keep them going for months to come! Thanks to all St Hilary's School for the generous donations and for inviting Helen Jackson, Marketing Manager to their wonderful Harvest Festival.

Bringing The House Down

Brindley Sherratt, opera singer and proud father to Amy who lives at The Meath, is staging a very special one-off concert in support of The Meath. Brindley explained to Meath Matters that he wanted to support the great work of the charity by holding a fundraiser, **"I asked my singer friends to join me in a fundraiser concert for The Meath and the rest is history! Every single performer I approached signed up immediately and we now have a host of the finest classical singers performing at one of the most incredible venues in the world, all for The Meath."**



Brindley & Amy Sherratt

'Bringing The House Down' features a stellar line-up of world-renowned singers at Glyndebourne Opera House on Sunday 5th April. The event will be hosted by Classic FM presenter **John Suchet** and the pledge-master will be BBC's **Jonathan Pratt**, with **Ryan Wigglesworth** conducting **Vaugh Williams' Serenade to Music**. Also taking to the famous stage among some of the most revered singers of our time are the simply joyous Meath Choir, supported by **Guildford and Godalming Jazz Choir**. **Tickets to this unique event make a wonderful Christmas present for the opera aficionado or music lover. To view ticket options or book your tickets visit www.meath.org.uk/glyndebourne.**

The stunning artwork used to advertise this event (pictured right) was created from an alcohol dye design that Amy made during a Meath art session. Amy's print lends itself perfectly to our new 'Bringing The House Down' chiffon scarves. **The beautifully presented limited edition boxed scarves will be available from the fundraising department from 20th November.**

There are a limited number of tickets available to purchase from the Fundraising Department for families of the people we support. The tickets are reduced from £80 to £50. For other tickets please visit our website: <https://www.meath.org.uk/glyndebourne/>



Painting by Amy Sherratt, a member of the Meath community. Photo by Reayley/Shutterstock.com

BRINGING THE HOUSE DOWN

A CONCERT AT GLYNDEBOURNE IN AID OF THE MEATH EPILEPSY CHARITY

Sunday 5 April 2020 at 3pm
Book now at: meath.org.uk/glyndebourne

A one-off charity concert featuring a stellar line-up of world-class British singers performing popular arias and ensembles from opera and musicals.

- Compère: John Suchet
- Louise Alder
- Barry Banks
- Sophie Bevan MBE
- Allan Clayton
- Dame Sarah Connolly DBE
- Yvonne Howard
- Jacques Imbrailo
- Sally Matthews
- Danielle de Niese
- Mark Padmore CBE
- Brindley Sherratt
- Sir John Tomlinson CBE

All the performers are donating their services and the proceeds from the concert will go to The Meath Epilepsy Charity (registered in England and Wales no: 200359).

Give the gift of song this Christmas with tickets to this stunning concert



Thanks to staff from Sanofi and Colgate Palmolive for your glorious gardening and perfect painting CSR volunteering days!

What Have You Done Today to Make You Feel Proud?

"Yoga offers a holistic toolkit for wellbeing. It's a privilege to share the joy of Yoga with the group at The Meath while enabling them to increase their strength and mobility, improve breathing patterns and to learn the art of proper relaxation." **Laura, Yoga & Meditation Teacher**



Lousie was so pleased with these homemade toffee cupcakes that she made at Cedar View with support from Lisa. Well done Lousie!



From coil pots to Remembrance Day poppies, we're simply potty for our Pottery Group!



Double Your Donation, Double Your Impact

The Meath is taking part in the UK's largest online matched funding scheme 'The Big Give'. During the week of 3rd-10th December all online donation made via www.thebiggive.org.uk will be doubled, giving the people we support double the positive impact! Your donation via The Big Give will help us to enrich the lives of the people we support by giving them the best Christmas possible and will also go towards a fantastic day trip to Butlins for all 82 residents during 2020!

Don't forget to book your tickets for Carols at St Clement Danes on Monday 9th December!